



WMI OF NOLS COURSE STATEMENT

Wilderness EMT Course
Midpines, CA
October 18 - November 12, 2010



Tuition, Meals & Lodging	\$3,290
Less: Deposit	(\$1,000)
Balance-Due	\$2,290

Please return the enclosed statement with the balance of your tuition to the office by **45 days** prior to the start date of your course: **September 3, 2010**. Those registrants who have not sent balances in by 45 days prior to the course start date will forfeit both their \$1,000 deposit and their position in the class. **The last day to submit payment for balance of course fees is September 3, 2010.**

PLEASE RETURN THIS PORTION WITH PAYMENT TO WMI
Course: CA WEMT 10/18-11/12/10

PLEASE REVIEW ALL THE ENCLOSED INFORMATION CAREFULLY.
THERE ARE REQUIREMENTS THAT WILL DEMAND YOUR IMMEDIATE ATTENTION.

STUDENT NAME _____

GENDER _____ AGE _____ (For housing assignments)

VEGETARIAN: Yes No VEGAN: Yes No *Special dietary needs? Notify us at (307) 335-2372.*

WEMT TEXT

We will ship your EMT text to you upon receipt of your payment and statement. **It is strongly advised that you begin reading your text before the start of the course.**

SHIPPING ADDRESS: _____

CPR/TB testing prerequisites (check all that apply) *Due 45 days prior to course: Friday September 3, 2010.

- _____ Copy of CPR certification enclosed.
- _____ I am enrolled in CPR and will send a copy of my certification to WMI upon completion.
- _____ Copy of negative TB/PPd test enclosed.
- _____ I will send my TB/PPd test results to WMI once I receive them.

TRAVEL (check one)

- _____ I will be **driving** to the course.
- _____ I will be **flying** to the course, via the Fresno airport. My flight arrival info. is _____
- _____ I need the **shuttle** pick-up in Fresno at the airport. **I understand that one pick-up is arranged at 5:00 p.m. on Sunday, October 17, 2010. (\$75 roundtrip shuttle fee due with final tuition payment.)**

BALANCE DUE PAYMENT

\$ _____ TOTAL AMOUNT ENCLOSED (Add \$75 for Fresno airport shuttle if needed.)

I will be paying by (circle one): Check (with driver's license #) Visa MasterCard

CARDHOLDER'S NAME _____ SIGNATURE _____

BILLING ADDRESS _____

CARD NUMBER _____ EXP. DATE _____

Please return this statement with the balance of your tuition plus a copy of CPR card and TB test results to the WMI office. Bring all other necessary forms with you to the course. You may fax this statement with credit card information to: (307) 335-2355.

WMI WILDERNESS EMT COURSE

October 18 - November 12, 2010

Midpines, California

Greetings! Here is everything you ever wanted to know, we hope, about the upcoming WEMT course including course information, travel, meals, lodging etc. We trust you will find this information helpful to meet both your personal and educational expectations. Plan to work hard and have fun too! **PLEASE REVIEW THE ENCLOSED INFORMATION CAREFULLY AND IN A TIMELY MANNER. THERE ARE ITEMS THAT WILL DEMAND YOUR IMMEDIATE ATTENTION.**

⌚ Look for the items marked with this symbol that indicate urgent date-sensitive requirements that you must complete prior to your arrival in Midpines.

DATES: **October 18 - November 12, 2010**
COST: **\$3,290 Tuition, Meals and Lodging**
LOCATION: **Yosemite Bug Hostel**
 Midpines, CA

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COURSE DESCRIPTION

The WMI Wilderness EMT training program is a nationally recognized program, which trains participants to respond to emergencies in urban, rural, disaster and wilderness environments. You will immerse yourself in medicine for an intensive month of instruction and practice. Daily skills sessions and scenarios will prepare you to respond to emergencies with newfound confidence. The integrated wilderness and urban medical curriculum provide you opportunities to utilize your skills in multiple applications. Backcountry topics include, but are not limited to: wound management and infection, realigning fractures and dislocations, improvised splinting techniques, patient monitoring and long-term management problems, up-to-date information on all environmental emergencies and expedition medications. Your WMI WEMT experience is enriched by scenarios practiced in varied conditions and environments to include night-time exercises, extended backcountry days, and multiple-casualty incidents all enhanced by theatrical moulage to emulate reality at every training opportunity. You will also spend time in the emergency room of a regional hospital assisting the Emergency Department staff and providing care to real patients. Though the course is extremely busy, overall emphasis is placed on prevention and decision-making, not the memorization of lists.

The curriculum surpasses all requirements for the National Registry of EMTs – EMT Basic level. Successful completion of practical and written exams will provide Wilderness EMT certification and meet the eligibility requirements to take the National Registry EMT Basic certification exam. Depending on state-to-state reciprocity protocols, graduates may also sit for their home state exams. Graduates of the course that complete all state requirements are eligible to work professionally as ambulance, hospital and backcountry EMTs. For additional information about reciprocity from the National Registry of EMTs to individual states contact your State Bureau of EMS or visit the following web site: http://www.nremt.org/EMTServices/emt_cand_state_offices.asp

The Wilderness EMT program is NOT a search and rescue, technical rescue or survival course. The focus of the program is emergency medical care.

REGISTRATION and PRE-REQUISITES

A non-transferable \$1,000 deposit is required to reserve a space in the course.

⌚ Please return the enclosed statement with the balance of your tuition to the WMI office **45 days prior** to the start date of your course – **September 3, 2010** (see statement). Tuition covers textbooks, syllabus, equipment, clinical rotations, and fees (state fees, clinical fees and insurance fees). Be aware that those registrants who have not sent balances by **45 days prior** to the start date of the course – **September 3, 2010** – will forfeit both their \$1,000 deposit and their position in the class. Mark the September 3rd deadline date prominently on your calendar, as there are no exceptions to the aforementioned policy. Payment in full at the time of registration is acceptable.

Pre-requisites to the WEMT course include:

- Results from a PPD (Tuberculosis) test within the last twelve months
- Healthcare Provider/Professional Rescuer CPR certification
- Being 18 years of age by course start date
- Be able to lift 250 lbs with the help of one other person

Send the following items to the WMI office with your statement prior to the course *:

⌚ **PPd test (Tuberculosis):** A pre-requisite to clinical observation is a PPd (Tuberculosis) test completed within 12 months of the EMT course completion date. If you routinely test positive on PPd skin tests you **MUST** also submit a recent (within 12 months) chest x-ray radiology report. Resources to obtain PPd testing include public health offices (most economical option), family practice offices or walk-in clinics.

⌚ **Healthcare Provider/ Professional Rescuer CPR:** A pre-requisite to the EMT course is Healthcare Provider/Professional Rescuer CPR certification. Healthcare Provider/Professional Rescuer CPR certification must be current through the duration of the WEMT course. Students arriving at the course without a current Healthcare Provider/ Professional Rescuer CPR card current through the duration of the course will be dismissed from the course without refunds awarded. **Acceptable CPR courses should include the following components: Adult, Child & Infant CPR, Foreign Body Airway Obstruction, AED, Bag Valve Mask, and Testing (written and practical).** CPR certification cards with titles other than Healthcare Provider or Professional Rescuer are not inclusive of the skills required at this level. (Unacceptable cards include but are not limited to Heartsaver or Heartsaver Plus CPR, Infant and Child CPR, Daycare or Babysitter CPR, Community CPR, Adult CPR (See attached CPR resource sheet).

You must send a copy of your PPD test results and CPR card when returning your Statement (see pg. 1). If you are awaiting PPD test results or you are enrolled in an upcoming CPR course or have not yet received your card, please fax or mail a copy of your PPD results or CPR card upon receipt by no later than **Friday September 3, 2010.*

You may fax to (307) 335.2355 or mail them to:

WMI of NOLS

Attn: WMI Admissions Supervisor, Debra East

284 Lincoln St

Lander, WY 82520

- ⌚ Academic Accommodation:** Students with documented learning disabilities seeking accommodation during written testing should submit requests to the National Registry of EMTs **immediately** with the appropriate documentation attached. It can take six weeks to process Accommodation requests; arrangements need to be made **prior** to the course. To request accommodation please refer to the section below titled **STUDENTS SEEKING TESTING ACCOMMODATIONS**.

Please read, sign and bring with you to the course the following attached documents:

- ⌚ WMI Student Policies and Procedures**

- ⌚ Acknowledgment and Assumption of Risks Release and Indemnity Agreement:** Please read the enclosed document very carefully as it affects your legal rights. We ask that you bring this signed document to the first day of the course. Failure to provide a signed document will result in you not being able to participate in the course. WMI participants, including minors, will have unsupervised free time throughout the course. Any activities during the free time are not part of the WMI program and are at the sole risk of the participant.

- ⌚ Clinical-related documentation (See CLINICAL EXPERIENCE section below)**

WMI CANCELLATION and REFUND POLICY

If a student cancels or withdraws from a course:

- * Greater than or equal to 45 days prior to the WEMT course starting date, WMI will retain a \$35.00 administrative fee.
- * 44 days prior to the WEMT course starting date and throughout the duration of the course all deposit and tuition moneys are non-refundable.
- * All WMI course registrations are non-transferable.
- * The student will be required to return or purchase materials received.

If a student fails to pay course balances 45 days or greater prior to the course start date (deadline indicated above and on statement):

- * The student will forfeit his/her deposit money and forfeit his/her position in the course.
- * The student will be required to return or purchase materials received.

We recommend trip insurance to cover financial losses such as tuition and travel costs in the event of unforeseen circumstances. Such unfortunate situations may include delayed travel due to bad weather, sickness or injury and family emergencies. Trip insurance is available through the following companies, whom you should contact directly. Typical insurance for the duration of the course would be around \$100-\$200.

- <http://insuremytrip.com> or call (800) 487-4722
- <http://www.travelguard.com> or call (800) 826-4919

CLASS FORMAT and CHECK-IN

The course is being taught at the Yosemite Bug Hostel. Students may check in to their bunkrooms between 4:00 p.m. and 10:00 p.m. on the Sunday before the course, October 17, 2010. An evening meal will be provided for all arriving students between 6:30 p.m. and 9:30 p.m. on the Sunday night before the course. Class ends after lunch, at 1:00 p.m. and check out is at 2:00 p.m. on the last day of the course, Friday November 12, 2010. Check in to class is no later than 7:45 a.m. on the first day of the course.

Class days run from 8:00 a.m. to 5:00 p.m., Monday through Friday, plus one or two evening sessions per week. **You must be available for all scheduled classes.** All participants will be assigned emergency medicine clinical rotations (see below for details).

It is our goal at WMI to provide an educational experience that is an even split of didactic and practical experiences. This course has a very skills-based curriculum. Arrive at the course prepared to play the role of both rescuer and patient on a daily basis, performing patient assessments and treatments on each other. Lecture material followed by skills practice sessions, role-playing, scenarios, simulated rescues and improvisation drills reinforced by regularly scheduled quizzes and evaluations, are all a part of the day-to-day activities. In addition there are two extended, evening wilderness scenarios. The course is classroom based, with practice sessions and scenarios performed outside. Frequently, stage blood and make-up (moulage) will be used to emphasize the reality of a scenario. Bring comfortable clothes that you won't mind getting dirty. The classroom environment lends itself to a pair of comfy shoes/slippers.

CLINICAL EXPERIENCE

EMT students are required to attend clinical observations in designated clinical settings. Clinical requirements include eight (8) hours of observation time in an approved Emergency Department and twelve (12) hours of ride-along time with an approved Ambulance Service. WMI assigns students to clinical rotations, which take place in Fresno on one or more weekends during the course. Please remember you are a guest at the clinical facility, observing patients who have come to the hospital expecting a certain standard of professionalism. Students are expected to demonstrate mature, professional dress, hygiene and behavior during their clinical rotations.

Dress requirements are as follows:

- * Light colored shirt with a collar. No T-shirts.
- * Dark pants (blue/black).
- * Black shoes/boots. No sandals, tennis shoes (sneakers) or hiking boots.
- * All clothes clean and pressed.
- * Watch - analog with second hand or digital with seconds reference.

Transportation: Students are responsible for their own transportation to the clinical rotations. The commute to Fresno is approximately 2 hours. Transportation is not provided and public transportation is not available. Those without transportation will be expected to carpool to the clinical sites. Many students choose to spend the night near the hospital so it is recommended that students plan on a shared motel expense.

Please review and bring the following Clinical-related documents to the course:

🗂 IMMUNIZATIONS REQUIRED FOR CLINICAL: The following are mandatory in order for you to complete your clinical rotation. Bring all records with you to the course. Don't delay: obtaining records and completing immunization programs takes time.

1. All childhood immunization records including up to date MMR vaccinations (measles, mumps, and rubella) are required for those born after 1957 (see the Recommended Immunizations and Skin Tests Form). Most High Schools and/or Colleges have these records in your file. MMR immunizations can be done again, if necessary. Students unable to obtain immunization records must sign a form stating they HAVE HAD the required immunizations. This form will be available on the first day of the class.

2. TB test, done and read, within one year. If you routinely test positive on skin tests you **MUST** bring a recent (within 12 months) chest x-ray radiology report to the class.
3. Statement of Intent to Obtain/Declination of Hepatitis B Vaccination Form
Hepatitis B: Contact with patients' blood or other body fluids may take place during clinical rotations. It is recommended you begin a Hepatitis B immunization program. This is available through your personal physician, walk-in clinic, public health clinic or your State Bureau of Public Health – shop around as prices may vary. Whether you begin an immunization program or not, bring this to the course. FYI - California will give Hepatitis B immunization free to anyone under 19; you may want to check with your own state to see if this service is available. (Pneumonia/ Flu vaccination is recommended, but not required).

EXAMS and CERTIFICATIONS

Multiple choice quizzes and exams are integrated throughout the WEMT course. Successful course completion is evaluated by practical and written exam performance (See attached Policy Sheet). The multiple-choice exams are challenging and long. If it has been some time since you have taken a multiple-choice exam then you should seriously consider practicing prior to arrival at the course. Public libraries are good places to find resources for generalized testing practice.

Upon successful completion of the course, students will take the State Practical exam. Upon successful completion of the practical exam students are qualified and eligible to take the National Registry EMT-Basic computer-based exam, which will be conducted at an off-site location on the last morning of the course. **Please note: There is an additional \$70 fee for the National Registry EMT-Basic computer-based exam.** Please come prepared to pay the testing fee by the second week of your course. This fee can be submitted to the NREMT online via credit card or via check sent to the NREMT. We have found that online payment is the quickest and most reliable way to ensure eligibility for testing at the end of your course. Your course instructors will provide information regarding the online payment process.

For additional information regarding NREMT Computer Based Testing please refer to the following web link:

http://www.nremt.org/about/CBT_home.asp

STUDENTS SEEKING ACADEMIC TESTING ACCOMMODATIONS

Students with documented learning disabilities who have been granted accommodations for written testing in the past will need to submit documentation **immediately** in order to secure accommodations for their computer based NREMT written exam. Please be advised, students seeking testing accommodations are required to take their computer base test at a Pearson VUE Professional Testing Center. The Pearson VUE Testing Center Accommodations coordinator will assist individuals in finding a center convenient to them.

Please go to the NREMT website and follow the checklist for applying for accommodations:

http://www.nremt.org/about/policy_accommodations.asp

Please also notify the WMI Admissions Supervisor, Debra East, if you are seeking accommodations at (307) 335-2360 or Debra_East@nols.edu.

WEMT TEXT

The urban textbook for the course is *Emergency Care and Transportation of the Sick and Injured 9th Ed* by American Academy of Orthopedic Surgeons. The wilderness textbooks for the course are *NOLS Wilderness Medicine* by Tod Schimelpfenig and *The Wilderness Medicine Handbook* by WMI. **Please note: we only send the *Emergency Care and Transportation of the Sick and Injured 9th Ed* by American Academy of Orthopedic Surgeons prior to the course. The wilderness textbooks will be handed out on course.**

⌚ Due to the intensity of the course, we STRONGLY recommend you begin reading the EMT text well before the course begins. To receive your textbook and reading assignments, please include current address on the statement included and return to WMI with course balance payment. (Note: A used textbook cannot be returned if a student cancels or withdraws from the course. In this case, the student will be responsible for the cost of the text.)

CONTINUING EDUCATION CREDIT

Nine semester credit hours are available for this course through the University of Utah at an additional cost of \$400. These 500 level credits are suitable for undergraduate applications. Students are eligible to sign up for University of Utah credit in the first two weeks of the WEMT course. Credits cannot be awarded post-course. Check with the lead instructor upon arrival to the course for the University of Utah application form.

College credit is also available through Central Wyoming College (CWC). AmeriCorps funds can be applied toward WMI WEMT courses. Contact the WMI Admissions Supervisor, Debra East, for details at (307) 335-2360 or Debra_East@nols.edu.

EQUIPMENT and CLOTHING

Weather in the Sierras is changeable, please be prepared for snow, rain and/or hot weather depending on when your course is scheduled. Comfortable shoes are recommended, and a good pair of boots is a must. Rescue scenarios take place in water, difficult terrain and darkness. Come prepared with clothing and footwear that protects you. Please refer to the following packing lists when you prepare for your course. The first list includes the items you **need** to bring with you to your WEMT course. The second list includes recommendations from past students as items you might find helpful or fun to have with you. (We will provide all the necessary medical equipment.)

You will need the following items:

- Large day pack (book-bag or weekend-trip size is great – anything bigger will be too much)
- Water bottle
- Backcountry clothing to include:
 - Multiple non-cotton layers
 - Waterproof outer tops & bottoms
 - Hat/Mitts/Gloves
- Warm pack boots (some students recommend gaiters)
- Flashlight or Headlamp
- Watch with a second hand (either analog or digital is fine)
- Professional attire for clinicals (as previously mentioned)
- Toiletries, towel & all personal items

You may wish to bring the following items:

- A notebook
- Small reading lamp
- Pens, pencils and colored highlighters
- An extra blanket or sleeping bag for warmth, pillow, etc.
- ATM card
- Telephone calling card
- Knee pads (as a rescuer on frequent scenarios)
- Warm slippers to wear around the classroom
- A Crazy Creek - type camp chair for classroom time
- Snowshoes or skis are optional for winter courses
- Recreational equipment (plan to store personal recreational equipment in your vehicle as there is no secure storage at the Yosemite Bug)

TRAVEL

 **Please inform us of your travel plans on the return portion of your statement.**

Driving: We would like to encourage you to drive to the course if at all possible. Clinical rotations are a 2-hour drive from the facility. Additional information including possible public transportation options and driving directions are included at the end of this pre-course information letter.

Flying: The closest airport is Fresno. A shuttle for the two-hour trip from Fresno to the Yosemite Bug Hostel is only available at 5:00 p.m. the afternoon before the course begins, Sunday, October 17, 2010. Cost of the shuttle is \$75 roundtrip. **To ensure your spot on the shuttle, payment is due with the final tuition no later than 45 days from the course start.** Meet at the baggage carousel for the WMI shuttle. Those arriving after 5:00 p.m. are responsible for their own transportation to the Yosemite Bug Hostel from Fresno. Taxi service is available from Fresno through Yellow Cab at (559) 275-1234 with the cost being approximately \$175 one way (est. as of 12/09).

**In the event of a travel emergency on the day of travel please call this emergency cell number:
(559) 760-1621**

Return shuttle service back to the Fresno airport is available only on Friday, November 12, 2010. There will be **ONLY ONE** shuttle to the Fresno airport and it will leave promptly at 2:00 p.m. that Friday. Students should make flight arrangements for **no earlier than 5:00 p.m. on that day**. If you are not able to fly out on Friday, you may want to consider taking the shuttle on Friday afternoon and making reservations for a hotel room near the airport as lodging will not be available that night at Yosemite Bug.

LODGING and MEALS

Lodging: The housing and meals package begins with dinner on Sunday October 17, 2010. Plan to arrive at the Yosemite Bug between 4:00–10:00 p.m. A group dinner is provided for all participants at 6:30–9:30 p.m. on the evening of Sunday, October 17th in the Cafe at the Bug. Checkout is 2:00 p.m. Friday, November 12, 2010. Housing provided will be in gender-specific shared dormitory cabins or tent cabins with shared bathhouses. Private rooms may be available through the Y-Bug at extra cost. Bedding (sheets, pillows, blankets) is provided, although it is recommended to bring an extra blanket/sleeping bag if the nights are to be cool. You will need to bring your own towels, along with your personal effects. For more information about the facilities, please visit www.yosemitebug.com.

Please be advised that the WEMT course is a no-alcohol, no-drugs course. No consumption or storage of alcohol is allowed at the Yosemite Bug Hostel throughout the course. Students who violate the no-alcohol, no-drugs policy will be expelled with no refunds awarded.

Meal Plan: The meal plan includes three restaurant style meals per day served in the Cafe at the Bug on **Monday through Friday only**. Meals at the Cafe at the Bug are known for excellence. Because of the a la carte style and the fact that you will be there for a month, choices may be limited. Plan to order breakfast by 7:15 a.m. in order to accommodate class start at 8:00 a.m. Meals are not provided on the weekends. Use of the kitchen for cooking one's own meals is available at the Youth Hostel kitchen on the weekends; group meals are encouraged. The Cafe at the Bug will be open during the weekend for meals at an extra cost.

The Cafe makes every effort to accommodate vegetarians and vegans. Please indicate on the statement form you send back to WMI if you are vegetarian or vegan, so that we can communicate this to the Cafe prior to your arrival. Students with other special dietary needs should contact the WMI Admissions Supervisor, Debra East, at (307) 335-2360 or Debra_East@nols.edu.

MAIL, TELEPHONE, INTERNET, LAUNDRY

During the course mail may be sent in care of:

Wilderness EMT Course Student, STUDENT'S NAME
The Yosemite Bug Hostel
Post Office Box 81
6979 Highway 140
Midpines, CA 95345

The Yosemite Bug will not be responsible for mail received after the course ends. Students will not have access to incoming phone calls; there is a pay phone for outgoing calls. In case of an emergency contact the Yosemite Bug at (209) 966-6666. Cell phone reception is spotty. The Yosemite Bug offers free wireless Internet service for those traveling with their laptops. Two computer terminals are also available for student use. Laundry facilities are also available at the Y-Bug.

RECREATION and SUPPLIES

The Yosemite Bug is located about 20 miles from Yosemite National Park in a quiet, forested location. The area abounds in recreational activities ranging from, but not limited to: hiking, rock climbing, swimming, mountain biking, kayaking, and whitewater rafting. Also, cultural tours, banks, grocery stores, sporting goods stores and other resources exist in nearby Oakhurst and Mariposa. It is a good idea to bring traveler's checks or an ATM card. If you are without transportation, you can probably find a ride into Oakhurst or Fresno with a fellow classmate.

PETS ARE NOT ALLOWED AT THE TEACHING OR LODGING SITE. THIS INCLUDES LEASHING THEM OUTSIDE OR HOUSING THEM IN VEHICLES. NO EXCEPTIONS. Any student bringing pets to class will be asked to leave class until the pet is safely situated in a kennel or other facility. A local kennel option: Animal Care Center, (209) 742-7387 (in Mariposa).

NO SMOKING, ALCOHOL OR DRUGS ARE ALLOWED ON SITE

Please contact us if you have any additional questions or concerns. Our office hours are Monday through Friday, 8:00 a.m. - 5:00 p.m. Mountain Time.

Phone	(866) 831-9001 (WMI Office) (307) 335-2360 (WMI Admissions Supervisor, Debra East)
Fax	(307) 335-2355
Web site	www.nols.edu/wmi
E-mail	Debra_East@nols.edu
Mail	284 Lincoln St., Lander, WY 82820

For more information about the Yosemite Bug Hostel, check out their website at www.yosemitebug.com.

TRANSPORTATION AND DIRECTIONS TO THE YOSEMITE BUG

See also <http://www.yosemitebug.com/transportation.html>

Public Transportation Options

(As per www.yosemitebug.com 3/10)

YARTS: Bus system centered out of Yosemite Valley and has a large, safe stop at the Yosemite Bug. There are five buses each day that pass each way that do or can stop here. The **ROUND TRIP COST OF TICKETS TO YOSEMITE VALLEY IS ONLY \$12.00** per person! YARTS better connects the Bug with Amtrak (as VIA, see below) and Greyhound in Merced, Mariposa (\$1 ride from the Bug), and Yosemite Valley. We recommend all guests who drive to park their cars at the Bug and take YARTS into Yosemite National Park. Our busstop is a quarter mile from the complex at the end of our road. Bring a flashlight.

GREYHOUND: Buy a ticket going to Merced Transportation Station, arriving before the last YARTS bus picks up at the Merced Transportation Station at 4:55pm. Generally layovers waiting in Merced are up to four hours. There is a HI home hostel in Merced if you get stuck. Use YARTS (see above) from Merced to the Bug, and then into Yosemite Valley. The YARTS stops at our bus stop where you can walk up our driveway a quarter mile (bring flashlight).

AMTRAK: Buy a ticket all the way the Yosemite. This includes the transfer from train to bus at Merced. The bus (a YARTS bus) will stop at the Yosemite Bug, just ask. From our bus stop where you can walk up our driveway a quarter mile (bring flashlight).

Driving Directions

(As per www.yosemitebug.com 3/10)

WINTER NOTE: Highway 120 from Lee Vining on the East Sierra closes after the first major snowstorms generally from early November through late May. Use the alternative routes listed below as Winter routes. Hetch Hetchy road and Glacier Point Road past Badger Pass Ski Area, and Mariposa Grove Road all close as well over the course of the winter and reopen in good weather conditions. From November 1st - April 1st, Yosemite requires all drivers to carry chains, any park road can become chain required at anytime.

Highway 140, 120 and 41 within the Park all close occasionally due to heavy weather (140 is open 95% of the time as it is the all-weather low elevation entrance route). Bring chains every trip by car in winter in case required. There is plenty to do and see in Winter and Yosemite Valley is at it's most beautiful.

DRIVING TIPS: Just before you enter the Sierra foothills note that the speed limit is policed well into Yosemite National Park. The rockslide that happened May 2006r along Highway 140 now has a small detour between us and the Park. Large coach busses over 45 feet cannot make it through the detour.

From San Francisco: Take the Bay Bridge to 580 East, before Stockton bear right towards Los Angeles on 580 East (not forward onto 205 East), take 132 East to Modesto where you will find 99 South to Merced. Take 140 East towards Yosemite. Nine and a half miles after the town of Mariposa look for the address at Yosemite Bug Hostel & Lodge and Restaurant sign & turn left. Follow signs up road. 3-3.5 hours.

From Northern California: Make your way to Sacramento and then 99 South going towards Merced. Take 140 East towards Yosemite. Nine and a half miles after the town of Mariposa look for the address at Yosemite Bug Hostel & Lodge and Restaurant sign & turn left. Follow the signs up road. 3.5 hours from Sacramento.

WILDERNESS MEDICINE INSTITUTE

STUDENTS POLICIES & PROCEDURES

WILDERNESS AND EMT-BASIC

CALIFORNIA COURSE

Students enrolling in an EMT-Basic course must understand, meet, and complete certain requirements for successful completion of the course:

ATTENDANCE: All students are required to attend all class sessions and all field exercises. No more than 16 hours of excused absence may be missed from the course material. Review of materials/exams missed is the responsibility of the student. Repeated tardiness constitutes unexcused absence. Absence, which is either unexcused or exceeds 16 hours of excused absence, is grounds for dismissal from the course with no refunds of tuition or course costs.

COURSE COMPLETION: EMT-B students must successfully complete all of the criteria of EMT course completion in order to be eligible to take the /State of California practical exam and the National Registry written exam. The EMT-B student must demonstrate proficiency in the following areas:

Didactic:

- ◆ Quizzes and Exams will be administered throughout the course.
- ◆ Minimum academic requirement for successful course completion is 80% cumulative on all of the above quizzes and exams.
- ◆ Students who do not have a cumulative score of 80% will not have successfully fulfilled course completion criteria.

Skills:

- ◆ Hands-on skills check-offs will occur at various times during the course (skills sheets are provided for student practices). It is the student's responsibility to assure all final skills check-offs have been done in order to satisfy course completion requirements. Students must demonstrate adequate proficiency in all required skills.
- ◆ Students who have not obtained final skills check-offs will not have successfully fulfilled course completion criteria.

Clinical Rotation:

- ◆ Students are required to complete course-approved emergency medicine clinical requirements.
- ◆ Documentation of clinical experience must be provided by each student, to include: the Clinical Verification Form and State EMS-mandated patient reports.
- ◆ Students who have not successfully fulfilled the clinical requirements will not have successfully fulfilled course completion criteria.

Self Withdrawal:

- ◆ Any student choosing to withdraw from the course prior to course completion accepts that no refunds of tuition will be awarded.

CONDUCT:

Professional conduct is required of all EMT students at all times.

As an EMT-B, you will often be the first healthcare professional to assess and treat the patient. You will be required to work with a variety of other healthcare professionals in both pre-hospital and hospital settings. Part of your training is learning to interact with both patients and other healthcare providers in a professional manner. As an EMT-B student, you will be expected:

- ◆ To make sure that patient care is given a high priority, but not at the risk of your own safety, or the safety of others.
- ◆ To participate fully in all aspects of the course. This includes classroom lectures, practical sessions, scenario-based exercises, and facility and classroom clean-ups.
- ◆ To adhere to the rules and regulations of the program and facilities:
- ◆ No storage or consumption of alcohol or drugs in the lodging or classroom facilities.

- ◆ No use of alcohol within 12 hours of a course related activity.
- ◆ No smoking in the lodging or classroom facility
- ◆ Quiet hours respected after 10:00 p.m. and before 7:00am in the lodging facility.
- ◆ Respectful use and maintenance of all WMI equipment provided.
- ◆ To maintain a professional appearance and manner at all times. This includes maintaining good personal hygiene throughout the course and at clinical rotations, wearing appropriate clothing for classroom and clinical situations, and keeping hair and beards clean and neatly contained.
- ◆ To treat patients (both real and simulated), instructors, co-workers and other students with respect.
- ◆ To maintain patient confidentiality when discussing the particulars of patient interactions during clinical rotations.
- ◆ To demonstrate commitment to obtaining the knowledge and skills required to successfully complete the course.

- ◆ Any off-site conduct that affects a student's performance at a course related activity may be grounds for immediate dismissal.

- ◆ Any conduct deemed unprofessional by the instructional staff will result in immediate dismissal from the course with no refunds of tuition awarded.

PROBLEM RESOLUTION:

Any questions, problems, or unresolved issues should initially be taken up with the EMT Instructor/Coordinator. If not resolved they may be taken up with the Program Director.

COURSE RECORDS:

Course files and records are confidential and not available to anyone outside of the course staff, WMI administration, the student, and representatives of the State Health Dept. EMS Division (for review and verification of compliance with EMS rules) and the National Registry of EMTs. Course files and records will be kept in the WMI office and will consist of: Student files (Registration forms, Risk and Release Forms, CPR skills sheets and test results, exam scores, skills check-off sheets, practical exam skills sheets, signed Policies and Procedures Forms, signed Functional Position Descriptions, Remediation Forms): Course files (Course Rosters, Fee rosters, attendance rosters, exam masters with keys, lesson Plans)

My signature here attests that I have read and understand the preceding Policies and Procedures statement and that I agree to abide by such.

Student Signature

Date

Print Name: _____

STATEMENT OF INTENT TO OBTAIN/DECLINATION OF HEPATITIS B VACCINATION

INTRODUCTION: Hepatitis B is caused by the Hepatitis B virus, which is transmitted by needle puncture, or through mucosal surfaces (mouth, genital tract). The lifetime risk of Hep-B is about 5% for the general population. Healthcare workers, however, have an increased risk (up to 20% over a lifetime) because of frequent blood exposure. Most people with hepatitis recover completely, but 1 to 2% die and 5 to 10% become chronic carriers of the virus. Chronic carriers may have no symptoms or may have chronic liver disease leading to cirrhosis. An association has also been demonstrated between chronic hepatitis B carriers and liver cancer.

HEPATITIS B VACCINE: Recombivax HB (Hepatitis B vaccine-Recombinant) is a non-infectious sub-viral vaccine derived from Hepatitis surface antigen produced in yeast cells. The vaccine contains no detectable yeast cells. The vaccine contains no detectable yeast DNA but may contain up to 4% yeast protein. The vaccine has been shown to be comparable to the plasma-derived vaccine in terms of animal potency (mouse, monkey and chimpanzee) and protective efficiency (chimpanzee and human).

This vaccine against Hepatitis B is free of association with human blood or blood products. Each lot of the vaccine is tested for safety and for sterility. Tests of the vaccine in human subjects have demonstrated development of protective antibodies in 90% of those vaccinated with the full series of three doses. Some vaccinated persons will not respond and therefore will not be protected. Persons vaccinated after exposure may not be protected. The duration of antibody protection is unknown.

POSSIBLE SIDE EFFECTS OF HEP-B VACCINE: Mild soreness and redness at the injection site may occur. Fever, nausea, rash, headache fatigue and joint pain have been reported. No serious side effects have been seen in the vaccine so far, but the possibility exists that other side effects may be seen with more extensive use of the vaccine. Immediate hypersensitivity reactions have been reported.

CAUTIONARY INFORMATION: Recombivax-HB is contraindicated in the presence of hypersensitivity to yeast. Any serious active infection is reason to delay use of the vaccine except when withholding the vaccine entails a greater risk. The vaccine should be given to pregnant women only if clearly needed.

I have read and understood the above information. I have had the opportunity to ask questions and understand the benefits and risks of Hepatitis B vaccination. I understand that I must have three (3) doses of vaccine to confer immunity. However, as with all medical treatment, there is no guarantee that I will become immune or that I will not experience an adverse effect from the vaccine. I also understand that the cost of the vaccination as well as the arrangement and visitations for the vaccinations will be my responsibility. It is also understood that I will receive the first vaccine one-week prior to the start of the clinical portion of my training.

NAME: _____ DATE: _____

I CHOOSE TO TAKE THE VACCINATION: _____

I DECLINE TO TAKE THE VACCINATION: _____

SIGNATURE: _____

Date Vaccinated	Lot No.	Site
1) _____		
2) _____		
3) _____		

Recommended Immunizations and Skin Tests

Yosemite Adult School/Wilderness Medicine Institute

The following are the recommended immunizations and skin tests for those that work in Emergency Services (Fire, Law Enforcement, and Medical Services). These recommendations are based upon the Centers for Disease Control and Prevention. Immunization of health-care workers: recommendations of the Advisory Committee on Immunization Practices and the Hospital Infection Control Practice Advisory Committee. MMWR 1997; 46(RR-18): 4 -9

- Hepatitis B recombinant vaccine
- Hepatitis B immune globulin
- Influenza vaccine (inactivated whole-virus and split-virus vaccine)
- Measles live-virus vaccine
- Mumps live-virus vaccine
- Rubella live-virus vaccine
- Varicella zoster live-virus vaccine
- Varicella zoster immune globulin
- BCG vaccination*
- Bacille Calmette-Gu'erin vaccine (tuberculosis)

Other immunobiologics that are or may be indicated for health care workers

- Immune globulin (Hepatitis A)
- Hepatitis A vaccine
- Meningococcal polysaccharide vaccine (tetraivalent A, C, W135, and Y)
- Typhoid vaccine, intramuscular, subcutaneous, and oral
- Vaccinia vaccine (smallpox)
- Other vaccine-preventable diseases:
- Tetanus and diphtheria (toxoids)
- Pneumococcal polysaccharide vaccine (23 valent)

So, having said this.....What immunizations, skin tests are needed to protect myself?

Hepatitis A: Two doses are recommended for those persons requiring long-term protection. Travelers to countries where the disease is common should get the first dose at least 4 weeks prior to departure. The second dose 6 to 12 months later.

Hepatitis B: This is a three shot series given over six months. There are a number of different regimes.

Influenza: Given yearly in the fall to people age 65 or older. Also recommended for people younger than 65 who have medical problems such as heart disease, lung disease, diabetes, and other chronic conditions and those who work or live with high-risk individuals.

Measles, Mumps, and Rubella (MMR): Two doses one month apart are recommended for adults born in 1957 or later if immunity can not be proved.

Pneumococcal: Given once to people age 65 or older. Also recommended for people younger than 65 who have medical problems such as heart disease, lung disease, diabetes, and kidney disorders, sickle cell anemia and other chronic conditions and those who work or live with high-risk individuals. A repeat dose 5 years later may be given to those at high risk.

Tetanus, Diphtheria: If not given initially during childhood. Three shots over 18 months and booster shot every 10 years.

Tuberculin Skin Test (tine): Every 6 to 24 months.

Varicella (chickenpox): Two doses over 3 months are recommended for persons 13 and older who have not had chickenpox.

National Registry of EMTs

California CPR Resource Sheet

Healthcare Provider/ Professional Rescuer CPR is a prerequisite to the EMT course. Healthcare Provider or Professional Rescuer CPR certification must be current through the duration of the WEMT course. Students arriving at the course without a current Healthcare Provider or Professional Rescuer CPR card current through the duration of the course will be dismissed from the course without refunds awarded.

Acceptable certifications include:

Certification

Healthcare Provider
CPR for Professional Rescuer
Basic Life Support for Professionals
CPR for Medical Professionals
Professional Rescuer CPR

Provider

American Heart Association
American Red Cross
EMP America/ Medic First Aid
HeartSmart Inc.
National Safety Council – Green Cross

Acceptable CPR courses should include the following components: Adult, Child & Infant CPR, Foreign Body Airway Obstruction, AED, Bag Valve Mask, and Testing (written and practical).

Unacceptable cards include but are not limited to: Heartsaver or Heartsaver Plus CPR, Infant and Child CPR, Daycare or Babysitter CPR, Community CPR, Adult CPR.

In order to meet this pre-requisite start to investigate options immediately. Contact your local American Heart Association Chapter, American Red Cross Chapter, or National Safety Council Chapter. All agencies offer the healthcare provider or professional level CPR courses (8 – 12 hours). Look immediately at the following web site for a listing of CPR Training Centers in your area, www.cpr-ecc.org or call the AHA at 1-877-AHA-4-CPR. Please keep in mind that one Training Center may oversee CPR programming throughout a vast regional area even crossing state lines. When inquiring to the Training Center ask about CPR courses in your local area taught either by an individual or at a local facility. Additional resources might include: your local hospital - emergency department or staff training department, health clinic, fire/ rescue department, search and rescue team, community college, community center, day care organization.

The following resources offer CPR on a limited basis and may be able to accommodate needs on an as available basis. Ask if an individual member of the Emergency Medical Services Department may be able to provide the training for a specified fee.

Tony Misner
Yosemite Educational District
Oakhurst, CA
559-683-8801 x 345