



Wilderness Medicine Institute of NOLS

WMI Acronym Dictionary

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| ABCDE - Airway Breathing Circulation Disability/Decide Expose/Environment | PAS – Patient Assessment System |
| AVPU – Alert and Oriented (A+O) x 4 (Person, Place, Time, Event) Verbal Responsive to Verbal Pain Responsive only to Pain Unresponsive | P/C/C – Pale/Cool/Clammy |
| BEAM – Body Elevation and Movement | PFD – Personal Flotation Device |
| BSI – Body Substance Isolation | RICE – Rest Ice Compress Elevate |
| CC – Chief Complaint | ROM – Range of Motion |
| CPR –Cardiopulmonary Resuscitation | RR – Respiratory Rate |
| CSM – Circulation, Sensation, and Motion | Rx – Prescription Medication |
| CVA – Cerebral Vascular Accident aka Stroke | SAMPLE - Symptoms Allergies Medications Pertinent Medical History Last intake/output Events leading to the incident |
| DIC – Disoriented, Irritable, Combative | SCTM – Skin Color, Temperature,Moisture |
| FSA – Focused Spine Assessment | S/S – Signs and Symptoms |
| GSU – Glove Simulation Unit | SOAP – Subjective/Summary/Story Objective/Observation/Findings Assessment Plan |
| H.A. - Headache | SOB – Shortness of Breath |
| Hx - History | SPF – Sun Protection Factor |
| HPI – History of Present Illness | Sz – Seizure |
| HR - Heart Rate | TIA – transient Ischemic Attack |
| ICP – Intra Cranial Pressure | TIL – Traction in Line |
| JVD – Jugular Venous Distension | TLA – Three Letter Acronym |
| LAF - Look, Ask, Feel | Tx - Treatment |
| LOR - Level of Responsiveness | To STOP- To: Toxins Sugars Temperature Oxygen Pressure |
| MOI - Mechanism of Injury | URI – Upper Respiratory Infection |
| OPQRST - Onset Provokes/Palliates Quality Radiates, Refers, Region Severity Time | |
| OTC – Over-the-Counter (Non-prescription) medications | |
| NSAID – Non steroidal Anti Inflammatory Drug | |