



Leave No Trace Master Course Application

Name (last, first, middle initial)	Please indicate your first and second choice for course selection (date and locations):
Company or agency / Position title	First choice
Mailing address	Second choice
City, province, postal code & country	Have you ever taken a NOLS course?:
Phone	<input type="checkbox"/> No <input type="checkbox"/> Yes, when? _____
Email	Gender: <input type="checkbox"/> M <input type="checkbox"/> F Age: _____ Birthdate: _____
Person to notify in case of emergency:	The following is used to help us maintain information on the demographics of our student population. We appreciate your assistance.
Name Relationship to Applicant	Ethnic origin (optional; please indicate the one that best describes you):
Street address	<input type="checkbox"/> Canadian First Nations, Metis, or Inuit <input type="checkbox"/> Hispanic
City, province, postal code & country	<input type="checkbox"/> American Indian or Alaska Native <input type="checkbox"/> Asian
Phone	<input type="checkbox"/> Black or African American <input type="checkbox"/> White
	<input type="checkbox"/> Native Hawaiian or Other Pacific Islander <input type="checkbox"/> Two or more races
	<input type="checkbox"/> Other: _____
	Citizen of _____

How did you hear about the LNT Master course? _____

What are your personal or professional objectives for this course? _____

Briefly describe your outdoor/camping experience and skill level. _____

Briefly describe your teaching experience (age groups, indoor, outdoor, objects taught, etc.) _____

I understand that I am not accepted on my course until all enrollment forms and tuition have been received and approved by NOLS Professional Training. I give NOLS permission to share my contact information with other NOLS students or graduates and/or with the Leave No Trace Center for Outdoor Ethics, the environmental organizations or strategic partners in which NOLS graduates may be interested. I also give NOLS permission to use my name, contact information, and picture in promotional materials and press releases. I understand the relationship between me and NOLS will be governed by the substantive laws of the State of Wyoming and any suit, mediation, or arbitration of any dispute with NOLS must be filed exclusively in the State of Wyoming.

Cancellation Policies

The balance of tuition is due 45 days prior to the course start date. If you cancel your enrollment on a course for any reason, you will receive a refund as specified below:

- 45 days before the course starting date or earlier, NOLS will retain the \$100 application fee.
- Between 30-44 days prior to the course starting date, NOLS will retain 25% of the course tuition.
- Between 15-29 days prior to the course starting date, NOLS will retain 50% of the course tuition.
- Less than 15 days prior to the course starting date, and once the course has begun, there will be no refunds.

Signature of applicant: _____ Date: _____

Applications without the application fee cannot be processed.

Attach the CDN \$100 non-refundable application fee, payable to NOLS, and mail to:



NOLS Yukon
 12B Burns Road
 Whitehorse, YT Y1A 4Y9
 Canada
 Phone: (867) 668-3578
 Fax: (867) 668-3523
 Email: yukon@nols.edu
 NOLS Leave No Trace Office: (800) 710-6657, ext. 3

H E A L T H F O R M

Self-screening form for Professional Training Programs of the National Outdoor Leadership School

NAME: _____ COURSE TITLE: LNT-_____

TEMPORARY OR WORK PHONE: (_____) _____ HEIGHT: _____ WEIGHT: _____

PERMANENT PHONE: (_____) _____ SEX: _____ AGE: _____

National Outdoor Leadership School (NOLS) courses are wilderness expeditions. NOLS expeditions operate in remote areas where evacuation to modern medical facilities may take days. Weather conditions can be extreme with temperatures ranging from -40° F. to +100° F. Prolonged storms, high winds, intense sunlight, sudden immersion in cold water and/or high seas are possible depending on the course type and location.

Physical demands on the applicant may include carrying a backpack weighing between 55-85 pounds over uneven terrain such as snow, rocks, boulders, fallen logs, or slippery surfaces as well as ascending and descending steep mountain slopes. Elevations for backpacking courses range from sea level to 12,000 feet. Physical demands of sea kayaking and river courses require paddling heavily loaded kayaks, canoes or rafts and lifting and carrying boats over uneven terrain.

While on a NOLS expedition, students will sleep outdoors, experience long physically demanding days, set up their own camp and prepare their own meals. Each student is expected to take good care of him or herself.

NOLS disinfects all wilderness water with iodine, chlorine or by boiling. Not all of these methods are effective against cryptosporidium. Immunocompromised people may wish to obtain an appropriate water filter.

NOLS is not a rehabilitation program, nor the place to quit smoking, drinking or drugs or to work through behavioral or psychological problems. Prior physical conditioning and an enthusiastic mental attitude are a necessity. Students find a NOLS course to be an extremely demanding experience both physically and emotionally.

In the interest of safety, of yourself and other expedition members, please carefully consider the above description along with the specific description of the trip you are applying for when completing this Medical Form. A "Yes" answer does not necessarily cancel your enrollment. If we have any questions on your capacity to successfully complete the trip we will call you and discuss it.

PARTICIPANT: Please circle YES or NO for each item. Each question must be answered. **If you circle YES, please explain briefly in the space provided.**

GENERAL MEDICAL HISTORY

Do you currently have or do you have a history of:

- 1. Respiratory problems? Asthma? _____ 1. YES NO
2. Gastrointestinal disturbances? _____ 2. YES NO
3. Diabetes? _____ 3. YES NO
4. Hypertension? _____ 4. YES NO
5. Bleeding or blood disorders? _____ 5. YES NO
6. Hepatitis or other liver disease? _____ 6. YES NO
7. Neurological problems? Epilepsy? _____ 7. YES NO
8. Seizures? _____ 8. YES NO
9. Dizziness or fainting episodes? _____ 9. YES NO
10. Treatment or medication for menstrual cramps? _____ 10. YES NO
11. Disorders of the urinary or reproductive tract? _____ 11. YES NO
12. Any other health complaint? _____ 12. YES NO
13. Do you see a Medical/Physical specialist of any kind? _____ 13. YES NO
14. Are you pregnant? _____ 14. YES NO NA
15. Are you currently in, or have you had, treatment or counseling with a mental health professional? 15. YES NO
16. Cardiac problems? _____ 16. YES NO



Cardiac Screening: PLEASE DISREGARD IF YOU ARE ON A COURSE 2 DAYS OR LESS

<p>A stress ECG is required if the applicant is:</p> <ol style="list-style-type: none"> Over 35 years old and has 2 cardiac risk factors. Over 50 years old and has 1 cardiac risk factor. Over 50 years old and leads a sedentary lifestyle. Any age with a known heart condition. <p>Please provide a written note from your doctor stating the date of the stress ECG and the results.</p>	<p>Cardiac Risk Factors:</p> <ul style="list-style-type: none"> High Blood pressure Diabetes Current or prior cardiovascular disease High blood cholesterol Family history of heart disease (family member who's had a heart attack at less than 55 years of age). Smoking
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The stress ECG requirement may be waived for applicants who are over 50 years of age with no cardiac risk factors and who are in good physical condition. **Their physician must provide a note that the applicant has a) no cardiac risk factors and b) excellent cardiac health.**

MUSCLE/SKELETAL INJURIES

Do you currently have or do you have a history of:

17. Knee, hip, ankle, shoulder, arm or back injuries (including sprains) and/or operations? (Please explain: _____) 17. YES NO

ALLERGIES/MEDICATIONS

18. Any allergies? Insect bites or bee stings? _____ 18. YES NO
 19. Are you allergic to any medication? _____ 19. YES NO
 20. Are you currently taking any medications? (Please list below) _____ 20. YES NO

Medication	Dosage (amt/freq)	Side Effects/Restrictions
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21. History of Frostbite or Acute Mountain Sickness? _____ 21. YES NO
 22. History of heat stroke or other heat related illness? _____ 22. YES NO

FITNESS

23. Do you exercise regularly? 23. YES NO

Activity	Frequency	Duration/Distance	Intensity Level (Easy/Moderate/Competitive)

24. Do you smoke? If so how much? _____ 24. YES NO
 25. Swimming ability (CHECK ONE): _____ Non-swimmer _____ Recreational _____ Competitive

NOLS SUGGESTS A TETANUS IMMUNIZATION WITHIN 10 YEARS OF THE START DATE OF THE COURSE.

The information provided above is a complete and accurate statement of any physical and psychological conditions which may affect my participation in this trip. I realize that failure to disclose such information could result in serious harm to myself and fellow students. I agree to inform NOLS should there be any change in my health status prior to the start of the trip. On the basis of the background information at the beginning of this form, and what I know or suspect about my physical and psychological health, I am fully capable of participating in this NOLS trip.

PARTICIPANTS SIGNATURE: _____ **DATE:** _____

Parent or Guardian signature required if participant is under age 18: _____



I N S U R A N C E F O R M

NOLS requires that all students have their own health insurance. Please complete this form so that we will have information concerning your insurance coverage. It is your responsibility to make sure your insurance will cover you for the duration of the course. The student will be responsible for obtaining any necessary pre-admission review.

Student's Name _____ Course Code _____

Birth Date _____ Application ID # _____

No One Will Go On A Course Without Health Insurance Coverage. If you do not already belong to a regular health program, we suggest a short-term policy which you may buy from your local insurance agent.

Canadian Citizens:

Name _____ Province where you are covered _____

Health Card # _____

Other pertinent coverage information _____

All Others:

Name and Address of Person Under Whose Name the Policy is Carried:

Name _____ Street Address _____

State _____ Zip _____ Phone (_____) _____

Insurance Company Information

Name _____ Policy Number _____

Group Number _____ Agreement Number _____

Address Where Claims Must Be Submitted

Name _____ Street Address _____

State _____ Zip _____ Phone (_____) _____

If Group Insurance, Give Name of Group (employer, union or association through which the student is insured):

Name _____





LEAVE NO TRACE MASTER™ COURSE TEACHING SESSION INFORMATION

The Leave No Trace Master Educator Course is the foundation of the national Leave No Trace education model. Graduates of the Masters course are expected to teach others, including agency personnel and the public, the principles of Leave No Trace through workshops of any length or LNT Trainer courses of at least 16 hours in duration.

To better equip masters to meet this expectation, each participant will teach at least one class in the field during their course. These classes provide hands-on learning experiences and the chance to practice LNT teaching strategies in a supportive, educational environment.

Your teaching session should be 15-20 minutes long, and can be either skills-oriented or theoretical in content. We encourage you to use a creative and interactive teaching style (skit, role-play, game, story telling, question & answer, etc.) and to avoid a lecture/discussion format. Keep in mind that your class should provide a thorough look at the chosen principle or topic since it probably won't be covered again during the course. Typically, the classes promote great group discussions following one's formal presentation.

Turning An Outline Into Instruction

The following considerations and questions are designed to help you determine the what, how much and when of instructing the LNT curriculum.

- 1) Select and research your class topic.
- 2) Determine what is important for your students to learn and how the subject applies to your overall program objectives.
- 3) What three key points would you want these people to remember a year from now? Can you enhance the learning with an activity, a teachable moment or a game? Have you allowed enough time to scout the site, to do repeated demonstrations, and to answer questions?
- 4) Gather information that will give your class depth. Examine your own experience for anecdotes that illustrate important points. Ask yourself, "Do I have enough experience, skill and knowledge to teach this topic adequately?"
- 5) Try to simplify the instructional organization so that you can teach it off the top of your head or by casually referring to a simple written outline.
- 6) Ask for feedback on your outline and comments on your progression.

You will receive an array of teaching materials the first day of your Masters course for future use. In the meantime, the LNT website <www.LNT.org> is an excellent resource for background information and activities along with the regional Skills and Ethics booklets. Feel free to contact the NOLS Leave No Trace office if you need additional information. (307) 335-2213, or LNT@nols.edu.

Remember that your class will take place in the backcountry, so you will not have access to audiovisual equipment. However, visual aids can be drawn on a sand bar, on your body, or on a sleeping pad. A good visual aid leaves a strong image and reinforces the topic of discussion. Plan on a group size of 12-15 people.

Each participant will receive constructive verbal and written feedback from the instructors and other group members at the end of their teaching session.

Leave No Trace Class Topics

The following is a list of teaching session topics based on past courses. You may choose from the list below or come up with a topic based on your own interest, knowledge, and familiarity. We will discuss with you in advance your class choice to make sure that no one else has selected the same topic, and to make sure all the seven principles have been covered.

LNT Principles:

- Plan Ahead and Prepare (this principle is usually be covered by instructors as a demo)
- Travel and camp on durable surfaces
- Dispose of Waste Properly
- Leave what you find
- Minimize Campfire Impacts
- Respect wildlife
- Be considerate of other visitors

Minimum-impact camping in bear country

LNT for populations with special needs

Impacted site rehabilitation

Regional/local needs for LNT

Local ecology/ecosystems/tree species

LNT practices for specific activities i.e. stock use, rivers, rock climbing, mountain biking, etc.

***Please call NOLS Leave No Trace with your topic (307) 335-2213
or clip the form below and send to:
NOLS Leave No Trace
288 Main St., Lander, WY 82520
Fax (307) 332-8811***

Name _____ Course _____

I would like to teach: _____

Second choice: _____

PHYSICAL CONDITIONING

Congratulations on your decision to join a NOLS alumni or outreach course. Many participants find their NOLS experience to be physically challenging. To help you have a successful experience, we've gathered some ideas on physical conditioning to help you prepare for your time with NOLS.

On NOLS expeditions we live for days or weeks in remote locations and work hard camping, preparing meals, sleeping outdoors, and caring for ourselves and each other in what can be extreme weather. Depending on your specific course, you'll also be carrying packs, paddling, hiking, climbing, horse packing, sailing, mountain biking or skiing. Conditioning is important for your safety and the safety of others. It will also add to your enjoyment and your ability to be a contributing member of the expedition.

START YOUR CONDITIONING PROGRAM NOW:

If you are already in good shape, keep it up. If not, consult with your physician or an athletic trainer and get started as soon as possible. You don't need to be a superb athlete to enjoy the wilderness, but increasing your muscle strength, flexibility and aerobic fitness will enable you to focus on the curriculum and activities of the course.

SELECT AN ACTIVITY YOU ENJOY:

Expensive equipment or health club memberships are not required to get in shape, although some people find that they are helpful fitness motivators. If you enjoy what you are doing, whether it's swimming, bicycling, jogging, hiking, Nordic skiing, aerobics, or weight training, you are more likely to continue with your program. You may find that varying your activities helps to keep you interested and motivated.

BUILD STRENGTH AND AEROBIC FITNESS:

NOLS courses require both strength (lifting packs, paddling boats) and stamina (long days on the trail, on climbs, or in boats). In addition to doing strength training such as sit ups, push ups, pull ups and weight lifting, be sure that you are doing endurance activities to help you through the long days. Jogging, hiking, swimming, Nordic skiing, stair climbing, rowing machine, cycling, walking at a brisk pace or aerobics—anything that gets your heart beating—will help build your aerobic fitness level.

EXERCISE AT LEAST THREE TIMES A WEEK:

If you're beginning a fitness routine, start slowly. Aim for 3 sessions a week at 30 to 45 minutes each. Increase length and frequency when you feel ready.

A typical NOLS day involves all types of movement using all the muscle groups. Warming up and stretching before an activity will increase flexibility and reduce chances for injury.

GET INSPIRED:

We want to encourage, not intimidate you. NOLS courses are strenuous, but they are within the limits of a person of average physical fitness. Being in shape will not guarantee you an easy time on your course but it will allow you to focus on learning skills, gaining experience, and enjoying the natural beauty of the wilderness and the companionship of your fellow expedition members.

SAFETY AND RISK MANAGEMENT

Safety is taught and practiced on every course; we are proud of NOLS' safety record. Despite operating to the best of our capabilities, the possibility of an accident still exists. We cannot—nor can anyone— reduce that possibility to zero.

NOLS alumni and outreach courses are not easy and can be dangerous. Safety is a fundamental part of the NOLS curriculum good physical conditioning and a positive mental attitude are essential.

Before you arrive, thoroughly read all course materials, and call us if you have questions. The Acknowledgment of Risk Form, which must be signed before you attend your course, explains many of the risks and hazards that may apply to your course. A report on NOLS safety management and safety history is available upon request.

The remoteness of the areas where we travel can create complex emergency situations that have no simple solutions. On the more remote outreach courses we may be eight hours or more from medical help. Emergency procedures and plans are an integral part to any NOLS expedition.

The majority of common wilderness medical incidents—sprains, flu, diarrhea, etc.—may be treated in the field. A more serious incident, such as a fracture, will require evacuation of the patient to a medical facility.

**NATIONAL OUTDOOR LEADERSHIP SCHOOL
STUDENT AGREEMENT
(INCLUDING ASSUMPTION OF RISKS AND AGREEMENTS OF RELEASE AND INDEMNITY)**

Name (Print)

LNT-YK

Course Code

*Please read this document carefully. It must be signed by all students. "Student" includes adult and minor students, unless indicated otherwise. If the student is a minor (under 18 years of age in most states) at least one parent or guardian (referred to below as "Parent") must also sign, as evidence of Parent's acknowledgment and agreement to the following, on **Parent's behalf and on behalf of the minor student**. Student and parent must determine the age of legal competency to sign contracts, in the state of the student's residence.*

Activities and Risks

I understand that NOLS programs live, camp and travel out of doors. Activities vary from program to program and include, among others, hiking and backpacking through mountainous and other terrain, mountaineering and climbing on rock cliffs, steep snow, ice or glaciers, whitewater kayaking, rafting and canoeing, sea kayaking, ocean sailing, horsepacking, skiing, snowboarding, fishing, and caving. I further understand and acknowledge that the activities of the programs have risks, including certain risks, which are inherent. Inherent risks are those, which cannot be eliminated without destroying the unique character of the activities. The same elements that contribute to the unique character of these activities can cause loss or damage to equipment, accidental injury, illness, or, in extreme cases, permanent trauma, disability or death. The following describes some, but not all, of the inherent risks of NOLS activities:

- NOLS activities may be strenuous, physically and emotionally.
- NOLS programs usually occur in remote places. They occur on lands open to the public, and exposed to the acts of persons not associated with NOLS. The remote locations may be many days from medical facilities. Communication and transportation are difficult and evacuations and medical care may be significantly delayed.
- Equipment may fail or malfunction.
- Meals are prepared over gas stoves and open fires. Water may require disinfection before use. Students with food allergies or sensitivities may come in contact with offending food types. Camping risks include burns and cuts, sprains, strains and other injuries from slips, falls, and lifting, and illnesses including diarrhea and flu-like illness.
- Travel is by vehicle, raft, canoe, kayak, sail and other boats, horse, aircraft, train, skis, snowboards, on foot and by other means, over improved and unimproved roads, rugged trails and off-trail terrain, including boulder fields, downed timber, rivers, rapids, river crossings, high mountain passes, snow and ice, steep slopes, slippery rocks, steep or crevassed glaciers, ocean tides, currents, waves, surf and reefs. Travel risks include collision, falling, capsizing, drowning, becoming lost and other risks



usually associated with such travel, including environmental risks.

- Environmental risks and hazards include flowing, deep and/or cold water; insects, snakes, predators, and large animals; falling and rolling rock; lightning, avalanches, flash floods, falling timber and forces of nature, including weather which may change to extreme conditions. Possible injuries and illnesses include hypothermia, frostbite, immersion foot, high altitude illnesses, sunburn, heatstroke, dehydration, and other mild or serious conditions.
- Decisions made by the instructors, other staff (including volunteers), contractors and students will be based on a variety of perceptions and evaluations, which by their nature are imprecise and subject to errors in judgment. Misjudgments may pertain to, among other things, a student's capabilities, environment, terrain, water and weather conditions, natural hazards, routes and medical conditions.
- On most NOLS courses, small groups of students travel at times during the day, and possibly for several days and nights, without instructors.
- NOLS students, including minors, may have "free" time before, during and after their course. NOLS has no responsibility for students during their free time before and after their course. NOLS staff may from time to time provide assistance or even accompany students in these free time activities, but in doing so, they are acting as private individuals, and NOLS is not responsible for their conduct. During the course NOLS cannot continually monitor the behavior and activities of students and students must accept responsibility for themselves and others whether or not under the direct supervision of NOLS staff.
- NOLS programs in foreign countries may be exposed to laws, legal systems, customs and behaviors, and to animals, diseases and infections, not common to the United States. In addition, these programs may be subject to dangerous road travel, political unrest, riots, demonstrations, banditry, terrorism and other criminal conduct, including drug related activities. NOLS field practices in foreign countries are generally consistent with customs and standards used in the United States regarding such practices.
- NOLS activities are instructional in nature and students will be challenged to expand their skills and judgment.
- NOLS may from time to time use the services of private contractors for certain tasks, including, for example, transportation. NOLS is not responsible for the acts or omissions of such contractors.

I have read and understand the general information about NOLS and its courses in the NOLS Catalog of Courses and/or at the NOLS website. This information includes NOLS' Admission Policies, the statement titled Risk Management at NOLS, the NOLS Enrollment Packet and other material provided by NOLS describing or related to my program. The staff of NOLS has been available to more fully explain the nature and physical demands of the activities in which I will be engaged, and certain inherent and other risks of my NOLS activity.

Acknowledgment and Assumption of Inherent and Other Risks

I understand and acknowledge that the description above ("Activities and Risks") of the inherent risks of NOLS' activities is not complete and that other, including unknown or unanticipated, risks, inherent and otherwise, may result in property loss, injury, illness or death. I acknowledge that my participation in this NOLS program is purely voluntary, and I wish to participate in spite of and with knowledge of the inherent



and other risks involved. **I acknowledge and assume the inherent risks described above and all other inherent risks of my NOLS activity. In addition, except with respect to an injury or other loss which occurs on lands whose rules or regulations prohibit my doing so as a matter of law, I expressly assume ALL risks of enrolling and participating in a NOLS program, inherent or otherwise, and whether or not described above.**

Agreements of Release and Indemnity

If I am an **adult** student, or the parent of a minor student I agree, for myself and on behalf of the minor student for whom I sign, as follows:

I hereby release, hold harmless and agree not to sue NOLS, its officers, trustees, agents, and staff including employees, volunteers and interns (“Released Parties”), with respect to any and all claims of loss or damage to person or property by reason of injury, disability, death, or otherwise, suffered by me or by a minor student for whom I sign, arising in whole or part from my, or the minor student’s, enrollment or participation in an activity of NOLS. I agree further to indemnify (“indemnify” meaning to defend, and to pay or reimburse, including costs and attorneys fees) Released Parties against any claim by a member of my, or the minor student’s, family, a rescuer, another student, or any other person, arising in whole or part from an injury or other loss suffered by me or caused by me, or by the minor Student, in connection with my, or the minor student’s, enrollment or participation in an activity of NOLS. These agreements of Release and Indemnity include claims of negligence of a Released Party, but not of gross negligence or intentionally wrongful conduct. They are intended to be enforced to the fullest extent permitted by law. These agreements of release and indemnity are of no force or effect with respect to an injury or other loss, which occurs on, lands whose rules or regulations prohibit such agreements as a matter of law.

Other Provisions

If I am an **adult** student or the parent of a minor student I further agree, for myself and on behalf of the minor student for whom I sign, as follows:

I have verified with my or the minor student’s physician and other medical professionals, or otherwise satisfied NOLS, that I, or the minor student, have no past or current physical or psychological condition that might affect my, or the minor’s, participation in the program, other than as described on the health form submitted to NOLS. I am, or the minor is, able to participate without causing harm to myself, or to himself or herself, or to others. The medical information given to NOLS is accurate and all pertinent medical conditions have been disclosed. Prior to the commencement of the course, NOLS will be informed of any medical condition that has not been previously disclosed. I understand that NOLS’ admission of me or the minor student to the course is not intended as a representation that NOLS staff will be able to manage successfully a medical event or emergency related to a disclosed, or undisclosed, medical condition. The responsibility for determining a student’s suitability for a course is not NOLS’ but, rather, the student’s, guided by family and her or his physician. NOLS reserves the right to refuse admission or remove a student from a course for any reason it deems in the best interests of the student or the school.

NOLS is authorized to obtain or provide emergency hospitalization, surgical or other medical care for me, or for the minor student. I understand that situations may arise in which third party medical care is not available and which require NOLS staff to provide first aid and possibly more advanced procedures, employing



wilderness first responder training. Such care will be provided under the guidance of the NOLS Physician Advisor by way of NOLS' written Medical Protocols. Any third-party medical care provider is authorized to exchange pertinent medical information with NOLS. Costs reasonably associated with medical services, including evacuation, shall be borne by me.

NOLS may share my or the minor student's contact information with other NOLS students or graduates and/or with environmental organizations or strategic partners in which NOLS graduates may be interested; and NOLS may use my or the minor student's name, contact information and photo or other image in promotional materials and press releases.

I agree to be responsible for any damage I, or the minor student, may cause to NOLS facilities or gear. NOLS is not responsible for loss, theft or damage to a student's personal belongings stored at NOLS facilities.

If any part of this agreement is found by a court or other appropriate authority to be invalid, the remainder of the agreement nevertheless will be in full force and effect.

THE STUDENT AND THE PARENT (S) OR GUARDIAN OF A MINOR STUDENT HAVE READ THIS PAGE AND THE PREVIOUS 3 PAGES OF THIS DOCUMENT AND UNDERSTAND AND VOLUNTARILY AGREE TO ITS TERMS, WHICH SHALL BE BINDING UPON THEM, THEIR HEIRS, ESTATE, EXECUTORS AND ADMINISTRATORS. THE AGREEMENT MAY BE MODIFIED ONLY IN WRITING.

Student Signature

_____/____/____
Age Date Signed



LEAVE NO TRACE , INC. DISCLAIMER OF LIABILITY
&
COURSE PARTICIPANT ACKNOWLEDGMENT AND ASSUMPTION OF RISKS

INTRODUCTION

For all LNT course participants: Please read this document carefully. This document describes the role of Leave No Trace, Inc. ('LNT, Inc.' or 'LNT') as it pertains to LNT courses and includes LNT, Inc.'s disclaimer of liability and your acknowledgment and assumption of risks. Please take the time to read this information and contact your instructor with any questions or concerns.

LEAVE NO TRACE, INC. - Role of Organization & Disclaimer of Liability

LNT, Inc. is a non-profit education organization whose mission is to promote and inspire responsible outdoor recreation through education, research and partnerships. LNT, Inc. focuses its education efforts on ways for human powered recreational visitors to reduce their impacts on the natural area and the experience of other visitors. LNT Inc.'s goal is to help visitors prevent avoidable impacts and minimize unavoidable impacts in our natural world.

As an education organization, LNT, Inc. develops and distributes educational curriculum and materials in cooperation with its partners. LNT Master Educator & Trainer courses are an integral element of the program. However, LNT, Inc. does not teach, oversee or conduct specific courses, but rather, provides organizations and individuals trained as Master Educators with teaching materials to teach these LNT courses. The instructors for Master and Trainer courses are not representatives of LNT, Inc. **All organizations and individuals conducting LNT courses act as independent contractors and are solely responsible for the conduct of the courses. LNT, Inc. (and its agents, owners, officers, employees, representatives and all other individuals or entities associated with it, collectively 'LNT, Inc.')** does not warrant or guarantee the quality or expertise of any individual or organization teaching a LNT course. Further, LNT, Inc. does not supervise or control these independent contractors and is not legally liable or responsible for their conduct. **LNT, Inc. disclaims all liability to you or others, for any injury, damage, death or other loss you may suffer, in any way connected with your participation in a LNT course. Participants are advised to independently review and examine the qualifications of individuals or organizations providing LNT courses.**

Course Participants - Acknowledgment & Assumption of Risks

LNT courses provide participants with information and techniques so that they can engage in minimum impact wilderness ethics and principles. Those who successfully complete a LNT course can then teach others about these outdoor wilderness ethics. LNT courses focus on wilderness ethics but LNT courses **do not teach** traditional outdoor skills such as mountain climbing, river crossings, camping, etc. However, some LNT courses must be taught in an outdoor or wilderness setting. Activities vary, but can include hiking, camping, rafting and horseback riding and students should have basic outdoor skills before attending a course. **These activities necessarily include inherent risks, hazards and dangers that can cause or lead to injury, property damage, illness, mental or emotional trauma, disability or death. The following describes some, but not all of those risks, hazards and dangers:**

- 1. Risks present in an outdoor environment.** These risks include travel in mountainous or wilderness terrain, both on and off trails. While traveling in these areas, hazards may not be marked, weather is unpredictable year around, and lightning, rapidly moving rivers/whitewater, falling rocks, snow and ice, avalanche dangers, fallen timber, stinging insects, wild animals and other hazards can exist.
- 2. Risks involved in horseback riding.** Horses (including donkeys or mules) are unpredictable in all circumstances. Horses can react to the environment, and the conduct of riders and other persons. Horseback riding can involve equipment that may break, saddles that may slip and other riders who may not control their animals
- 3. Risks connected with cooking and camping chores.** While camping, participants may cook over a gas stove or an open fire and are subject to the risk of gas explosion or burn. Participants may need to disinfect water before use.
- 4. Risks in staff judgment.** Risks involved in decision making and conduct, including the risk that a course leader, co-leader or other assistant may misjudge a participant's capabilities, or misjudge weather, terrain, water level, or route location.

- 5. Risks associated with travel.** Travel can be on foot, or by vehicle, boat or other means, and can be over difficult terrain or via lakes and rivers, in adverse weather conditions.
- 6. Risks connected with geographic location.** Remote locations can create difficulties in communication and transportation and delays in evacuation and medical care.
- 7. The risk that equipment used** in an activity may break, fail or malfunction
- 8. Risks regarding conduct.** The potential that you, other participants or third parties (e.g. driver, rescue squad, hospital) may act carelessly or recklessly.
- Other risks, hazards and dangers that are generally associated with educational and/or outdoor activities.**

These and other risks, hazards and dangers may result in participants: 1) falling, 2) being struck, 3) colliding with objects or people, 4) experiencing vehicle capsizing or collision, 5) reacting to high altitudes and weather conditions or experiencing other problems. These and other circumstances may cause hypothermia, dehydration, frostbite, drowning, high altitude sickness, heart or lung problems, broken bones, burns, or other injury, damage, death, or loss.

By voluntarily agreeing to participate, you assume and accept full responsibility for yourself, for the inherent risks of these activities (both known and unknown), and for any injury, damage, death, or other loss you may suffer, resulting from those risks, and resulting from your own negligence or other misconduct.

CONCLUSION

As LNT, Inc. continues to expand and develop as a program, the need to offer responsible, informative training grows. LNT, Inc. welcomes your interest in and devotion to the LNT program. The role of LNT, Inc. is to provide educational curriculum to Master Educators and Trainers. Likewise, LNT, Inc. is available as a resource for you as you go forth and spread the LNT word. If you have questions or concerns about LNT, Inc. vis-à-vis your course, please feel free to contact us at the number below. Thanks again for your interest in promoting Leave No Trace. 800.332.4100; www.LNT.org.