

2010 FORT WASHAKIE WILDERNESS EXPEDITION

STUDENT EQUIPMENT RESPONSIBILITIES

Equipment	Must vs. Optional	Quantity	Comments	Check List
Camp Shoes	Must Bring	1 pair	Running, tennis, or cross-training athletic shoes.	
Prescription Glasses And Contact Lenses	Must Bring	2 pairs	If you wear them, bring a spare pair of glasses or lenses. Contact lens wearers should also bring a pair of glasses as backup. Again, prescription sunglasses are a nice item to have in reserve.	
Toiletries	Must Bring	1	Toothbrush, toothpaste, comb, brush, skin lotion, tampons. Travel or trial sizes are enough.	
Book	Must Bring	1	A small paperback reading book.	
Vitamins	Optional Bring	1	Not necessary, but a small quantity of multi-vitamins is popular among staff and students for this length of course.	
Camera	Optional Bring	1	Lightweight, 35 mm compact cameras are sufficient; bring a protective case. Avoid heavy lenses and elaborate set-ups.	
Binoculars	Optional Bring	1	Small travel binoculars work well.	
Pocket Knife	Optional Bring	1	One small knife is sufficient; simple Swiss Army knives are popular.	

