



NOLS Alumni Sailing, British Virgin Islands Equipment List

NOLS PROVIDES

Sailboat and accessories, first aid kits, charts, food, cruising guides and books, field guides, cooking gear, marine radio, sailing harness

PLEASE BRING

1 piece soft luggage (no wheels or frame, must collapse) NOLS will provide.

Lightweight sleeping bag and stuff sack (for sleeping on deck)

Foul weather rain jacket (light weight)

Wind layer, top (Gore-tex or nylon)

Sweater or fleece (for chilly evenings)

Warm hat

T-shirts (3 or 4)

Swimsuits (2 or 3)

Underwear (5 or 6)

Shorts (1 or 2)

Socks (2 or 3)

Cotton long-sleeved shirt (for sun protection)

Sun hat (preferably wide-brimmed) or baseball cap

Sneakers (for hikes ashore)

Flip-flops, Chacos, or other sandals

Sunglasses with retaining strap

Sunscreen

Lip balm

Stuff sacks or mesh bags (for organization)

Water bottle

Toiletries (including biodegradable soap/shampoo)

Headlamp/batteries

Mask, fins, snorkel

OPTIONAL

Camera with waterproof bag/case

Rash guard (for sun protection)

Light clothing for sleeping

Temperatures in May range from an average low of 74.5F/23.6C to a high of 87.30.7F/29C, last year's trip, in the same time frame, experienced temps of 80 – 85F.