

<i>Item</i>	<i>Description</i>	<i>Comments</i>
<b>HEAD, NECK &amp; HANDS</b>		
Warm Hat	Wool or Fleece Hat	
Balaclava	This is a full head and neck covering with an opening for the face. Usually made out of Polartec 100 or 200 fleece.	<i>If you bring a balaclava and a warm hat, you don't need a neck gaiter. If you prefer, bring a warm hat and a neck gaiter.</i>
Neck Gaiter	Fleece is more comfortable than wool.	
Sun Hat	Baseball cap with a brim works well.	
Sunglasses	Lenses should be dark and block UV and infrared light.	
Sunglasses Retainer	Chums or Croakies to keep track of your glasses.	
Ski Goggles	Recommended for skiing at Grand Targhee.	
Liner Gloves	These thin polypropylene gloves are essential, as you never want bare hands in the winter.	<i>Your hand layers should ultimately look something like this: 1 pr. liner gloves, 2 pr. other gloves/mittens, 1 pr. glove/mitten shells, 1 pr. insulated mittens.</i>
Wool gloves/mittens	If your hands get really cold, bring mittens. Otherwise, either will work. Gloves offer more dexterity, whereas mittens offer more warmth.	
Fleece gloves/mittens		
Mitten Shells	Water-repellent nylon or Gore-Tex mitten shells should fit over a pair liner gloves and a pair of fleece/wool gloves or mittens. If you are only bringing fleece/wool gloves and no mittens, you can bring glove shells.	
Insulated Mittens	Synthetic-filled mittens that fit comfortably over mittens or gloves. These are for COLD days or around camp.	
<b>TORSO</b>		
Synthetic T-shirt	Synthetic fabric only. NO Cotton.	<i>Your torso layers should ultimately look something like this: 1 t-shirt (opt) 1-2 midweight tops 1 expedition wt top 1 fleece/insulated jacket 1 windshirt 1 ski jacket (opt) 1 insulated parka ***If you get cold easily, bring along a fleece vest as well.</i>
Midweight Top	Light or mid-weight base layer made of polypropylene, Capilene, or ZeO2.	
Expedition Wt Top	Expedition-weight top, Patagonia R2, lightweight fleece, or a wool sweater.	
Fleece Vest	Fleece or Synthetic-filled vest.	
Fleece/Insulated Jacket	Thick fleece, Polartec, Primaloft, or a lightweight down jacket.	
Ski Jacket	This is optional, but recommended. Gore-tex jackets are nice to have on days at Grand Targhee and on big storm days in the backcountry.	
Wind Shirt	A lightweight, breathable nylon wind shell is great for hard travel days and for digging your shelters, when a gore-tex jacket is too warm.	
Insulated Parka	A synthetic or down filled winter parka with a hood. This must fit comfortably over all of your upper body layers. <b><i>This is a REALLY WARM jacket for around camp.</i></b>	
Sports Bra	Women should bring a synthetic sports bra or sports tank.	

<i>Item</i>	<i>Description</i>	<i>Comments</i>
<b>LOWER BODY</b>		
Midweight Bottoms	Light or mid-weight base layer made of polypropylene, Capilene, or ZeO2.	<p><i>Your lower body layers should ultimately look something like this: 1 pr midweight bottoms 1 pr expedition weight bottoms or fleece pants 1 pr. Wind pants or gore-tex pants 1 pr. Insulated pants.</i></p> <p><i>***If you get cold easily, bring the fleece pants instead of expedition weight bottoms.</i></p>
Expedition Wt	Expedition-weight bottoms or Patagonia R2.	
Fleece Pants	Fleece pants are nice to have in camp. Side zippers, so these can be pulled on and off over ski boots are essential.	
Wind Pants or Gore-tex Pants	Breathable nylon wind pants that are roomy enough to fit over lower body layers. Side zippers are a must on these. <b>Gore-tex pants, without insulation, are the preferred option by most instructors.</b>	
Underwear	Silk, synthetic, or none. We recommend women bring 2-3 pr. Synthetic underwear with a cotton crotch. Men can bring synthetic underwear or just wear long underwear.	

<b>FEET</b>		
Liner Socks	<b>Optional.</b> Bring 2-3 pr of lightweight wool, polypropylene or Capilene socks if you want to use a liner sock + wool sock combo inside ski/snowboard boots.	<p><i>Your sock system should ultimately look like this: 2-3 sets of travel socks (this may be 1 pr liners + 1 pr wool or 1 pr wool or 2 pr wool) 1 pr camp socks 1 pr sleeping socks</i></p>
Wool or polypro socks	Ragg wool or wool/polypropylene blend.	
Gaiters	These are to keep snow out of your ski boots. We rent ski boot specific gaiters.	
Booties or slippers	Something to wear in the evenings around the base	
Ski Boots	<b>For ski courses.</b> We rent Scarpa T3s, and Garmont Veloces & Liberos. We have sizes 5-13.	<p><i>If you bring your own boots, make sure they are roomy. Warm feet are more important than performance fit in the backcountry.</i></p>
Snowboard Boots	<b>For snowboard courses.</b> We rent soft boots from sizes 6-12. We use strap bindings on our boards.	

<b>PACKING SYSTEM</b>		
Small Stuff Sack	Used for organizing items in your pack.	
Daypack	A 1500 - 2000 cubic inch pack	

<b>SKI/SNOWBOARD GEAR</b>		
Skis	We rent Atomic telemark skis with Voile cable bindings.	<p><i>If you bring your own, please bring a binding repair kit.</i></p>
Splitboard Snowboard	We rent Voile splitboards with a Nidecker strap binding.	
Ski Poles	A sturdy pair of <b>adjustable</b> poles with medium to large baskets.	
Climbing Skins	We use synthetic hair-adhesive climbing skins.	

Transceiver	We issue Tracker transceivers.	<i>There is no rental charge for these items</i>
Shovel	A sturdy, colapsable snow shovel.	
Probe	A sturdy, colapsable avalanche probe.	
<b>HYDRATION SYSTEM</b>		
Water Bottle	Wide mouth quart or liter size plastic bottles.	
Thermos (0.5 L)	<b>Optional</b> but recommended. Allows you to have hot tea, cocoa, or soup during a travel day. You can bring a .75 L - 1 L thermos, as well.	<i>Glass-lined thermoses aren't appropriate.</i>
<b>MISCELLANEOUS</b>		
Lip Balm	Needs to have SPF 15 or greater	
Sunscreen	SPF 15 or greater. Small bottles recommended.	<i>Sunscreen that contains Zinc and/or Titanium Zinc Oxide recommended.</i>
Bandanna	Handy for cleaning glasses or protecting your ears and face.	
Headlamp	Durable and lightweight.	
Extra Batteries	Bring 1 spare set for your headlamp.	
Notebook & Pen	A small, lightweight pad is ideal.	
Camera & Film	<b>optional.</b>	
Knife	One <b>small</b> knife is sufficient.	<i>Typically, we bring 1-2 knives/course.</i>
Watch w/Alarm	A waterproof watch	
Toiletries	Keep these to a minimum. Toothbrush, small tube of toothpaste, floss, comb/brush, tampons.	
Book	a small paperback reading book.	