



**EQUIPMENT LIST
ALUMNI SAILING TRIP
BRITISH VIRGIN ISLANDS**

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| NOLS PROVIDES | Sailboat and accessories, first aid kits, charts, food, cruising guides & books, field guides, repair kits, cooking gear, marine radio, sailing harness, PFD's etc. |
| BRING THESE ITEMS WITH YOU | <ul style="list-style-type: none"> • Lightweight sleeping Bag and Stuff bag (for sleeping on deck) • 12X24 Nylon Clothing duffel • Light weight Wind shirt (Gore-Tex or nylon) • Fleece or sweater (for chilly evenings) • Sun hat/baseball cap • Small stuff sacks for organization • T-shirts (2-4) • Socks (2-3) • Sunglasses and eye glass retainer • Sunscreen • Lip balm • Rash Guard (for sun protection) • Water bottle • Swimsuit • Shorts (1 or 2) • Underwear (4) • Cotton long sleeved shirt (for sun protection) • Deckshoes, or Sneakers for going ashore • Flip-flops, Chacos or other sandals • Small Towel • Toiletries (Biodegradable soap/shampoo) • Head lamp/batteries • Dive mask and snorkel (personal fit is best) |
| NICE TOUCHES | <ul style="list-style-type: none"> • Camera with waterproof bag • Light clothing for sleeping |